



Republic of the Philippines
Department of Education
REGION X

SCHOOLS DIVISION OF CAGAYAN DE ORO CITY

DEP-DIVISION OF CAGAYAN DE
CAGAYAN DE ORO CITY
RELEASED
DATE: NOV 23 2023

Office of the Schools Division Superintendent

23 November 2023

DIVISION MEMORANDUM

No. 639 s.2023

**PARTICIPATION TO THE PAUSE AND REFLECT SESSION ON
REACHHEALTH INTERVENTIONS**

TO: Chief ES, SGOD
Public Schools District Supervisor
Medical Officer III
Division ARH, Mental Health, and NDEP Focal Persons
Concerned Guidance Counselor/Designates
Concerned Learners

1. With reference to the attached communication from the Regional Manager of USAID-ReachHealth – Mindanao, all concerned are hereby directed to attend the **PAUSE AND REFLECT SESSION ON REACHHEALTH INTERVENTIONS** on **November 28, 2023 (Tuesday)**, from **8 a.m. to 5 p.m.** at the **VIP Hotel, Velez Street, Cagayan de Oro City**.
2. The list of participants can be found on **Annex 1**.
3. For questions and clarifications, contact the Division Youth Formation Coordinator, **JAIRUS JOHN M. GOCHUCO**, thru mobile number: **09177713338**.
4. Immediate and wide dissemination of this memorandum is desired.

ROY ANGELO E. GAZO
Schools Division Superintendent

[Signature]

Encl.: As stated
To be indicated in the Perpetual Index
under the following subjects:

Youth Formation

School Health

USAID

CSE-ARH

SGOD-Jairus/DM- Pause & Reflect Session on ReachHealth Interventions
Nov. 23, 2023



Address: Fr. William Masterson Ave., Upper Balulang, Cagayan de Oro City
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Email: cagayandeoro.city@deped.gov.ph

Annex 1

LIST OF DEPED PARTICIPANTS TO THE PAUSE AND REFLECT SESSION ON REACHHEALTH INTERVENTION

a. Medical Officer: Dr. Mark Baldomero Meso

b. Division ARH Focal Persons:

- Nurse Amor C. Fajardo
- Nurse Pacili A. Yañez
- Nurse Marie Nikki Jo M. Valmoria

c. Division Mental Health Focal Person: Nurse Jean Joson

d. Division NDEP Coordinator: Nurse Nicol V. Salido

e. Guidance Counselors/Designates of the ff schools:

- Agusan NHS
- Bulua NHS
- Camaman-an NHS
- Carmen NHS
- Canitoan NHS
- Cugman NHS
- East Gusa NHS
- Iponan NHS
- Lapsan NHS
- Lumbia NHS
- Mambuaya NHS
- Tablon NHS

f. Two (2) Learners/alumni from the ff. Schools:

- Carmen NHS
- Lapasan NHS



November 20, 2023



ROY ANGELO E. GAZO, PhD., CESO V

Schools Division Superintendent

Department of Education-Division of Cagayan de Oro City

Attention: Dr. Mark Mesa, Chief of Medical and Dental Division

Dear **Dir. Gazo**,
Greetings!

The USAID ReachHealth is a five-year project that aims to strengthen and improve access to critical health services for Filipino families. The project aids Philippine communities to reduce unmet needs for family planning services and decrease teen pregnancy. We would like to express our sincerest gratitude for your office's full support and cooperation since we started in January 2019.

One of the strategies being taken to contribute to the goal of decreasing teenage pregnancy in the Philippines is the Comprehensive Sexuality Education and Adolescent Reproductive Health Convergence (CSE-ARH) that will strengthen the linkage of learners to adolescent sexual and reproductive health services. The CSE-ARH Convergence activities which started since April 2021 became a venue for institutional collaboration to fully support the Department of Education (DepEd) achieve its implementation of the policy issuance D.O. #31, series of 2018, titled, "Policy Guidelines on the Implementation of the Comprehensive Sexuality Education." Reach Health has been supporting the CSE-ARH Convergence in Cagayan de Oro City with 12 pilot national high schools

A key service for learners and out of school youth within the framework of this CSE-ARH Convergence is the conduct of the Rapid HEEADSSS psychosocial assessment. Since Dep Ed CDO division has already run the Rapid HEEADSSS in most of the 12 pilot CSE-ARH Convergence high schools for school year 2023-2024, Reach Health would like to support the processing of the Rapid HEEADSSS results.

Hence, may we invite the guidance designates of the 12 CSE-ARH convergence pilot schools to a Pause and Reflect Session on ReachHealth Interventions (HEEADSSS Processing, Referral Harmonization, and Intervention Enhancement). The activity will be conducted at VIP Hotel starting at **8 am on November 28, 2023**. We would also like to invite Dr. Mark Mesa, Division ARH focal persons (Ms. Amor C. Fajardo, Pacili A. Yañez, and Marie Nikki Jo M. Valmoria), Division in Charge of Mental Health and National Drug Education Program (NDEP), and four (4) learners or recent alumni, two each from Carmen and Lapasan National High Schools. We also request for a short presentation on the pilot schools' HEEADSSS reports. Attached is the workshop design.

Please feel free to reach us through our City Technical Officer, **Amelia Luz Agbayani**, for any concerns and questions you may have. She can be contacted through her mobile no. **09567705871** and email aagbayani@ph-reachhealth.rti.org.

We look forward to your favorable response to this invitation.

Very truly yours,


LADY JEDFELIZ C. MOLLEÑO, M.D., MPM
Regional Manager
USAID-ReachHealth- Mindanao

List of Pilot Comprehensive Sexuality Education- Adolescent Reproductive Health (CSE-ARH) Schools in Cagayan de Oro City

Jeanette Rodriguez – ARH Coordinator, CHO

Pilot Schools	Referral Health Facilities	Health Center Nurses
1) Agusan National High School	Agusan Health Center	Gerardo Baconguis
2) Bulua National High School	Bulua Health Center	Florencia Jimenez
3) Camaman-an National High School	Camaman-an Health Center	Maureen Guinanao
4) Carmen National High School	Carmen Health Center Macanhan Health Center	Regina Dagoc Ranette Bangcong
5) Canitoan National High School	Canitoan Health Center	Anita de Guzman
6) Cugman National High School	Cugman Health Center	Marilou Dubria
7) Gusa (East) High School	Gusa Health Center	Neysa Joy Gamolo
8) Iponan National High School	Iponan Health Center	Arlene Macabecha
9) Lapasan National High School	Lapasan Health Center	Sheila Usaraga
10) Lumbia National High School	Lumbia Health Center	Philip Reyes
11) Mambuaya National High School	Mambuaya Health Center	Issa Devry Ocon
12) Tablon National High School	Tablon Health Center	Xylene Seronay

ACTIVITY DESIGN

PAUSE & REFLECT SESSION ON REACHHEALTH INTERVENTIONS, CAGAYAN DE ORO CITY

Venue: **TBD**

Date: **November 28, 2023**

RATIONALE:

Investment in adolescent health brings a three-fold benefit to a teen - their present selves, their adult selves, and the next generation of individuals that they will be raising. As adolescence is a period of vulnerability for numerous psychosocial health concerns, the best health guidance during this critical period translates to an unremarkable present and a future of maximized potential. However, there are identified gaps in providing health guidance to a population that is characterized to have poor health-seeking behavior. EO 141 issued by Former President Duterte "Adopting as A National Priority the implementation of measures to address the root causes of teenage pregnancies and mobilizing government agencies for the purpose" states that it is imperative to carefully coordinate, rationalize, monitor and assess the efforts of concerned government agencies and instrumentalities to ensure a whole-of-government approach in implementing measures to curb the rising number of teenage pregnancies.

Well-equipped schools, referral health facilities and non-health institutions to address adolescent health concerns are core element in ensuring provision of adolescent health services. TA provided by USAID in CDO includes training of ADEPT & Rapid/ Comprehensive HEEADSSS among HSPs and School staff, strengthening referral within the school and outside the school including non-health institutions, transforming Health Facilities (RHUs, Hospitals, PLICs) to be functional adolescent friendly and capacity building opportunities to implement the CSE-ARH Convergence in 12 pilot schools and 12 identified health referral facilities, including provision of various SBC materials.

With this, the USAID ReachHealth, as part of its technical assistance will facilitate a Pause and Reflect Session with the pilot schools and referral health facilities including non-health institutions on November 28, 2023 for updates and discussion on their experiences, highlighting successes and challenges in the implementation of the various Reachhealth Interventions provided to the City and identify opportunities in moving forward to sustainability.

OBJECTIVES:

The pause and reflect session aim to achieve the following objectives.

- Provide a venue to share success stories, identify enabling factors and challenges in implementation of the various Reachhealth Interventions provided to the City.
- Discuss the Rapid & Comprehensive HEEADSSS in pilot schools and health facilities, what went well, challenges and adaptive solutions
- Discuss the referral mechanism processes within the schools (internal) and referral outside the schools or to health facilities and to other institutions for non-health concerns
- Develop adaptive solutions in addressing challenges in implementation of various Reachhealth interventions
- Identify ways forward including sustainability strategies in conducting the Rapid HEEADSSS and Comprehensive HEEADSSS among the schools and health facilities and other Reachhealth Interventions.

MATERIALS NEEDED:

1. HEEADSSS report from 12 pilot schools and 12 counterpart AFHFs
2. Referral flowcharts used by the
 - 2.1 schools
 - 2.2 health centers
 - 2.3 barangay council for the protection of women and children
 - 2.4 PNP
 - 2.5 CSWD

Proposed Date, venue and category of participants

Date	Venue	Category of Participants
November 28, 2023	Deluxe Hotel	Public High School Guidance Counsellors or Designates Health Center Nurses Dep Ed CDO Division (ARH Focal Nurses, mental health in charge) Dep Ed Regl Office (Health Division) Members from Dep Ed Region 10 Learners Out of School Youth Key ISDN members

Details on the Participants: (55)

- 12 guidance designates from pilot schools
- 12 nurses from pilot barangays
- 3 CDO Dep Ed Division Focal Persons for Adolescent Reproductive Health
 - 1 from CDO Dep Ed in charge of mental health
 - 1 from CDO Dep Ed in charge of NDEP
 - 2 from Dep Ed Region 10 Health Division
- 2 from CID
- 3 from CHO focal persons for AYRH (medical officer in charge and focal nurses)
- 2 from CSWD (psychosocial division, VAWC in charge, case management)
- 2 from PNP
- 2 from OYDO (Youth Development Office)
- 2 from SK Federation
- 2 learners rep
- 2 OSY youth rep
- 2 from PopDev Federation
- 2 from Reach Health
- 2 from NGO (4K, PMHA)
- 1 from Oro Wellness



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Draft Program Flow

Time	Activity	Person in Charge	Notes
8:00-8:30	Registration of Participants		
8:30-9:15	Opening Ceremony Prayer National Anthem Introduction of Participants Opening Remarks		
9:15-9:30	Overview & Objectives	Facilitator	Power point Presentations
9:30 – 10:30	Session I. Processing of Rapid HEEADSSS	• Schools • Health Facilities	Present challenges and facilitating factors in HEEADSSS conduct. Present the documented responses and referrals made given HEEADSSS results.
10:30 – 11:00	Discussion Points: • What are the facilitating factors in the implementation of Rapid & Comprehensive HEEADSSS? • What are the challenges encountered in its implementation? • What opportunities can we tap to create an enabling	Facilitator	In conducting Rapid HEEADSSS, identify what went well and challenges and proposed solutions For Schools and Health Centers: Determine who will consolidate and analyze the reports. Determine who needs to get these reports Sustainability Mechanism

	environment for the sustainable implementation of the Rapid HEEADSSS in Schools & Health Facilities FOR SCHOOLS: Conduct of psychosocial assessment, consolidation of data and analysis & reporting FOR AFHFs: Functionality of AFHF, conduct of rapid HEEADSSS consolidation of data, analysis & reporting		
11:00-12:00	Session 2. Strengthening the Referral System Workshop 1. Internal Referral Workshop 2. External referral	Schools Health Facilities	Presentation of Current Referral Pathways Used -from Guidance Designate -from Health Center Nurse -from CSWD -from CID -from PNP
12:00 – 1:00	LUNCH		
1:00 – 2:30	Presentation of Workshop 1 & 2 Outputs Discussions, Q & A	TBI – Representative from School & Health Facility	Feedback from learners and youth, SK, other non-health institutions like CSWD, CID, PNP, OWC
2:30-4:00	Presentation: Responses to Mental Health Challenges that Work	Ms. Jaymee Leonen Head, CDO CSWD Psychosocial Health Division	Q&A after every presentation

	Presentation: Responses to Drug and Substance Abuse that Work Presentation: Presentation: Responses to Prevent Teenage Pregnancy that Work	Ms. Rhyselle Descallar, Oro Wellness Center Mr. Michael Abrogar Community Improvement Division	
4:00-4:30	Agreements, Next Steps, and Summary	ISDN	